Checklist of CM Duties in no particular order

- To send out training and game day reminders each week.
- Ensure that the team arrives on time and plays in the correct uniform. Club shorts, Club socks and Game shirt.
- Ensure that players have shin guards on <u>under</u>their Club socks, at all times when on the pitch.
- Check the team pigeonhole each Saturday or Sunday morning for the Mighty Panther Voucher, team information, and a voucher for the opposition team if you have a home game *Roster the collection of the team Pigeonhole*.
- The Coach & Manager and/or parent group to choose who to award the Mighty Panther Voucher to after the game. *Happy Healthy Terrific! At this age, it's all about the kids enjoying their football.*
- Organise a Fruit Roster for the weekly games. Check allergies with the team at start of season.
- Ensure all players have a labelled water bottle and stay hydrated.
- Organise a roster for who will do the Canteen or BBQ duty when the team is rostered. Eg; by alphabetical first name or whatever makes it easier for all to remember @
 - If you have a home game, you are more likely to have Canteen/BBQ Duty.
 - If you have first kick off game at ELS Hall Park, your team will be on field set-up.
 - If you have the last game of the morning on a given field, your team will be on field pack-down.
 - If the roster cannot be covered by the players parents etc, it is their responsibility to swap/ or organise a replacement.
- Check your email weekly for the CM (coach and manager) update usually out by the Wednesday of each week.
- To then distribute information from the club to the team in a timely manner.
- It may involve, organising money collection for any club events or promotions. *Eg; team photo day 2024 scheduled for 1st and 2nd June.*
- Create a team shirt roster for washing at the end of each game. NB: RPFC Game shirts cannot be put in the tumbledryer
- Collect team kit, including training equipment, whistle, balls, game shirts, bibs etc at the beginning of the season on the nominated gear distribution evening - 2024 scheduled for Monday 4th March at the RPFC lock up @ 7-8.30pm.
- Collect team shirts on the last game of the season so that the team kit can be returned as a whole.
- Ensure that all players get equal time on the pitch at the end of the day, everyone has paid the same registration fee.
- Attend the Coach and Manager meeting for the Season start 2024 scheduled for Monday 11th March at the Ryde Eastwood Leagues Club, 7.30pm.
- Attend the MiniRoos Coach Education course (3hour duration) run by the Association. Certification valid for 3 years.
- Provide a WWCC number to our MPIO (Member Protection Information Officer) so that you can perform your Coach and Manager role ©
- For U5-9 Ensure that the score line is agreed upon at the end of the game and TEXT to Jenn no later than 5pm Sunday
- For U10+ Ensure that the team sheet is submitted correctly within Dribl (App the Association uses) on game day.
 - As a Club, we support 'SHOOSH for Kids'. Keep it positive!

Good Luck and Have Fun!



Suggestions for Better Team Management

Some points that may assist us all in the smooth running of our teams.

- Noted that it is Club policy that Player shirts are NOT to be worn to training and or on any day other than Game Day
- A shirt washing roster is a handy tool to help the coach and manager. RPFC Game shirts to stay with the team and not the individual player and are to be distributed on game day.
- A morning tea roster can assist the warm and fuzzy stuff needed to cement all the relationships.
- All parents/carers/guardians or AA players should be encouraged to help when their team's canteen duty is on Canteen/BBQ duty is compulsory as part of the RPFC Registration it's not hard and it's fun!
- Player and Trainer of the week certificates are a great reward for a job well done and should be awarded for great team effort, outstanding individual improvement regardless of skill level and the whole share the love scenario.
- That one member on the sideline (not Coach or Manager) should be appointed to supervise the behaviour of all parents/extended family/ spectators at the game. These should observe and report only and not enter conflict. All matters need to communicated via Coach/Manager to the Committee and then to NWSF for an appropriate outcome.
- That the canteen is our point of contact for the RPFC Team Pigeon Hole distribution located next to the RPFC lock up. The Team Pigeon Hole should be visited by Coach/Manager <u>OR team contact</u> as early as possible after 7.30am on Saturday. There is usually a BBQ from 8.30am and that families should be encouraged to fuel up!
- The wet weather web site from Ryde Council in an invaluable source of information, See the link on the Ryde Panthers Website or below. RPFC always adheres to council advice to preserve the integrity of playing fields. Council has the last word on grounds availability. The wet weather website is updated by 3pm on weekdays and by close of business on Fridays http://www.ryde.nsw.gov.au/Recreation/Parks-and-Sportsgrounds/Sportsground-Status
- Always assume game on unless otherwise informed by Committee. This will save a lot of confusion!
- Coaches/Managers arm bands need to be worn at all times during a game.
- Coaches and Managers should make themselves known to the opposition well before the game to Dribl and discuss any issues on the day. To engender the Panthers good sportsmanship ethos, for all home games up to 11.30am kick off, an AWAY TEAM MIGHTY PANTHER COMBO VOUCHER will be made available in your team pigeon hole to give to your opposition for them to use at the canteen.
- Refs are not usually provided for the MiniRoos games and the common convention is that someone from each team should put their hand up to ref a half. Set up the culture early! *Remember to have a whistle in the kit*. In the spirit of RPFC sportsmanship the opposition should always get a loud 3 cheers and the handshake eye ball thing needs to be encouraged!
- For U10+ referee's are allocated.
- <u>Standard accessories for each player should be:</u> Boots, Shin Guards, Water, Sunscreen, Cap, Ball and Panthers Shorts and Socks.
- Please advise all players that they need to develop a culture within their teams that punctuality is paramount. Arrival time should be a *minimum of 30 minutes* before kickoff so that adequate warming up can be had and players and Coaches can confer as a group to discuss team tactics for the day and assist in the organizational process. Also, players should be encouraged to arrive at training 5 minutes prior to commencement.
- For MiniRoos and Youth teams No less than 2 adults should be present at training or game day for the duration of either or until all participants are collected by parents.

You have registered with a club that has operated for 65 years this year, thanks to the efforts of many dedicated people. 2024 also celebrates 47 years in women's football.

If you would like to participate in the running of the club, please contact info@rydepanthers.football



